

EXPLORING THE NEW STATE-LEVEL OPIOID DATA ON SHADAC'S STATE HEALTH COMPARE

September 5, 2018 12:00 PM CDT

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- Webinar archive will be posted on SHADAC's website
 - E-mail notice will be sent to participants





Lynn Blewett, PhD, MPA SHADAC Director





Robert Wood Johnson Foundation



Presenters



Robert Hest, MPP SHADAC Research Fellow



Colin Planalp, MPASHADAC Research Fellow



STATE HEALTH COMPARE DEMO

Robert Hest, MPP Research Fellow, SHADAC

SHADAC's State Health Compare -- 40+ State-level Measures of:

Health Insurance Coverage

Coverage Type

Workers in Establishments that Offer Coverage

Cost of Care - Dollars

People with High Medical Care Cost Burden

Average Annual ESI Premium

Employee Contributions to Premiums

High Deductible Plans

Costs of Potentially Preventable Hospitalizations

Medicaid Expenses as Percent of State Budget

Cost of Care - Behavior Changes

Adults Who Forgo Needed Medical Care

Made Changes to Medical Drugs

Trouble Paying Medical Bills

Health Behaviors

Adult Binge Drinking

Adult Obesity

Adult Smoking

High School Obesity

High School Smoking

High School Physical Activity

Sales of Opioid Painkillers

Opioid-Related Drug Poisoning Deaths

Outcomes

Chronic Disease Prevalence

Activities Limited due to Health Difficulty

Cancer Incidence

Health Status

Premature Death

Access to Care

Adults with No Personal Doctor

No Trouble Finding Doctor

Told that Provider Accepts Insurance

Had Usual Source of Medical Care

Utilization of Care

Had General Doctor or Provider Visit

Had Emergency Department Visit

Spent the Night in a Hospital

Quality of Care

Adult Cancer Screenings

Adult Potentially Preventable Hospitalizations

Child Potentially Preventable Hospitalizations

Child Vaccinations

Public Health

Weight Assessment in Schools

School Nutrition Standards Stronger than USDA

Schools Required to Provide Physical Activity

Smoke Free Campuses

Cigarette Tax Rates

Public Health Funding

Social and Economic Factors

Children Considered to be Poor

Unemployment Rate

Income Inequality

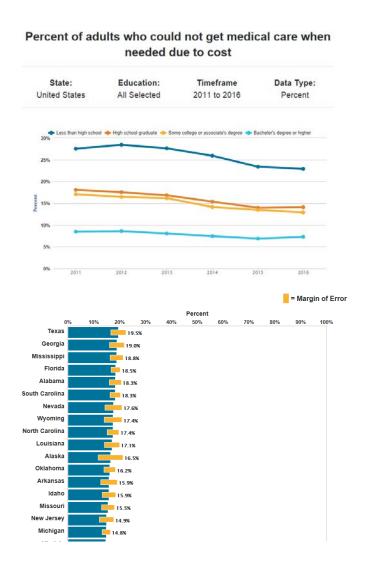
Unaffordable Rents

Health Insurance Coverage

- Cost of Care
- Health Behaviors
- Outcomes
- Access to Care
- Utilization of Care
- Quality of Care
- Public Health
- Social and Economic Factors



SHADAC's State Health Compare



Tables, maps, bar charts, trends, and state rankings

Policy-relevant breakdowns available for most measures

Margins of error in addition to point estimates allows for significance testing

Data can be downloaded as spreadsheet



13 Data Sources, including:

American Community Survey (ACS)

Current Population Survey (CPS)

CDC WONDER Database

U.S. Drug Enforcement Agency's Automated Reports and Consolidated Ordering System (ARCOS)

Behavioral Risk Factor Surveillance System (BRFSS)

National Health Interview Survey (NHIS)

Other sources



VIRTUAL TOUR

statehealthcompare.shadac.org



Background



Photo: Alastair Rae

What are opioids?

• A <u>family</u> of addictive drugs that <u>act on</u> the opioid receptors in pleasure centers of the brain

What are their effects?

• Can relieve pain and cause euphoria

Types of opioids:

- Natural opioids, derived from opium poppy (e.g., morphine)
- Semi-synthetic opioids, synthesized from natural opioids (e.g., oxycodone, heroin)
- Synthetic opioids, synthesized from non-opioid compounds to mimic opioid effects (e.g., fentanyl)

Opioid crisis



2011 declaration of "epidemic"

 Increased attention since U.S. Centers for Disease Control and Prevention declared overdoses from prescription painkillers an "epidemic"

Efforts to intervene

 States and federal governments have taken steps to intervene in the crisis

But the crisis has evolved...

- Growth in deaths from prescription opioids have slowed, but deaths from heroin and synthetic opioids have increased
- 80% of heroin users report earlier use of prescription opioids
- 75% report beginning with their own prescription, or that of a friend or family member



State Health Compare Opioid overdose death rates data

Source

- U.S. Centers for Disease Control and Prevention, National Center for Health Statistics, National Vital Statistics System (via WONDER tool)
 - States collect and report data to the CDC

State Health Compare Opioid overdose death rates data

Categories of opioid overdoses*

- Natural and semi-synthetic opioids (i.e., prescription opioid painkillers, such as oxycodone and hydrocodone)
- Synthetic opioids (e.g., fentanyl)
- Heroin

*Excludes some opioid types (e.g., methadone, opium, other or unspecified opioids)

State Health Compare Opioid overdose death rates data

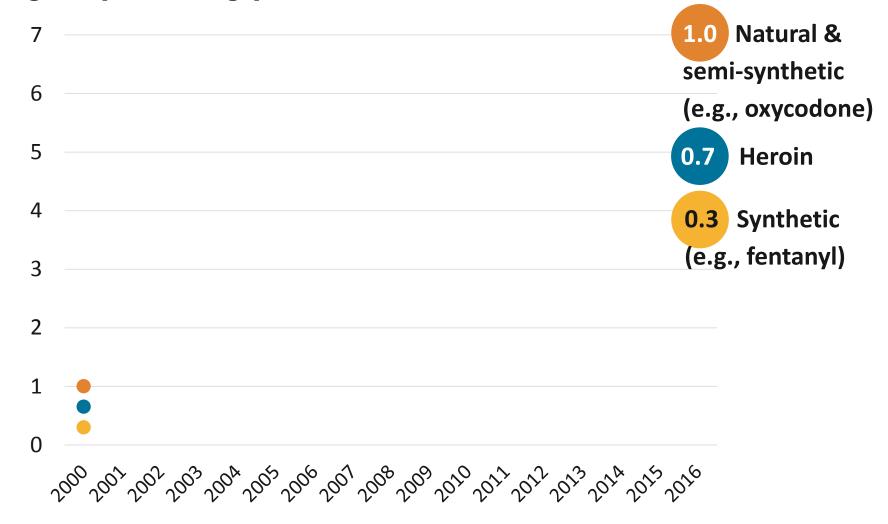
Limitations/considerations

- Opioid categories not mutually exclusive
- Under-recording/reporting of opioid deaths (e.g., Indiana)
- Suppression of small numbers (i.e., 20 or fewer deaths)

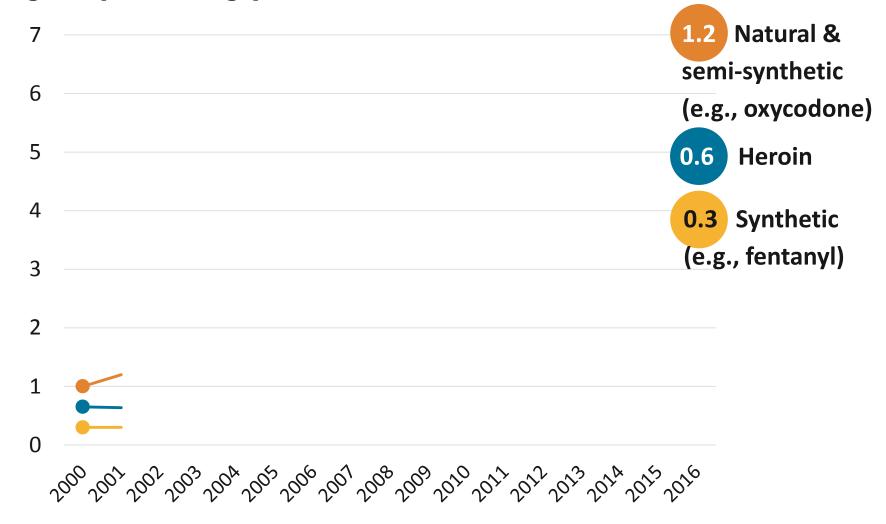
U.S. TRENDS

Natural and Semi-synthetic Opioid, Synthetic Opioid, and Heroin Overdose Deaths

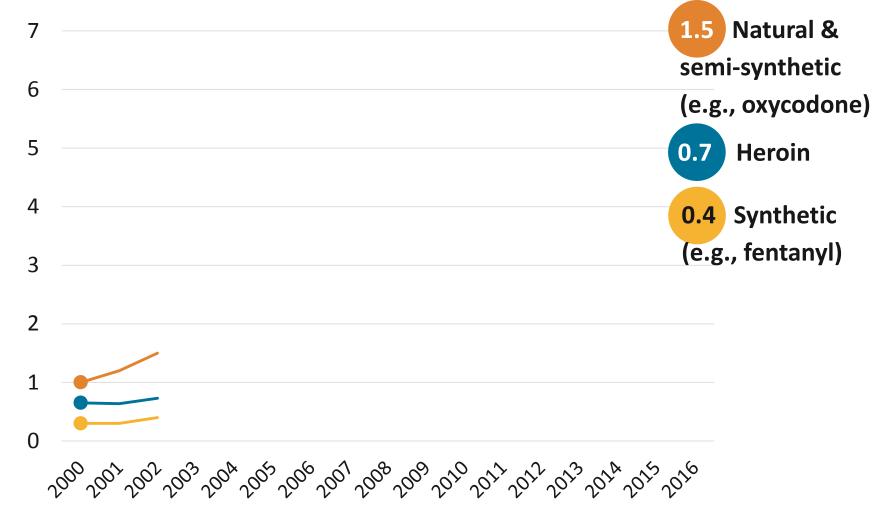
U.S. Opioid Deaths per 100,000 People, by Opioid Type (2000)



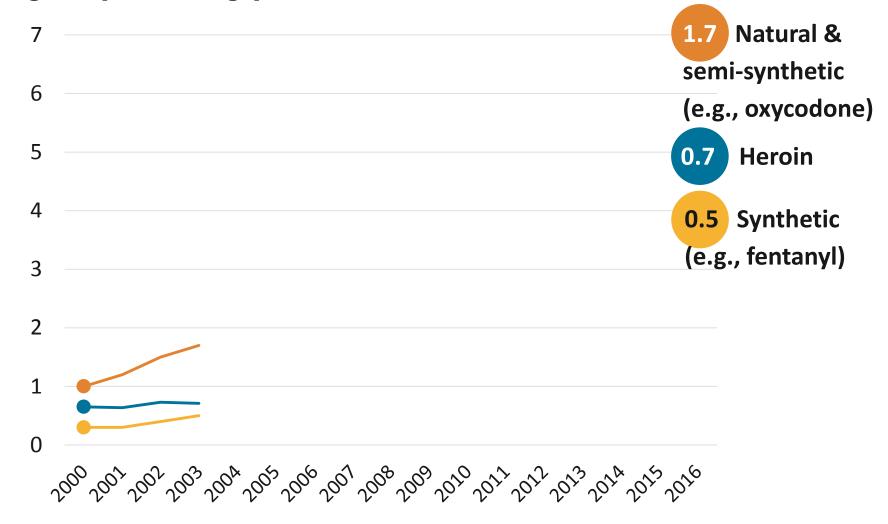
U.S. Opioid Deaths per 100,000 People, by Opioid Type (2001)



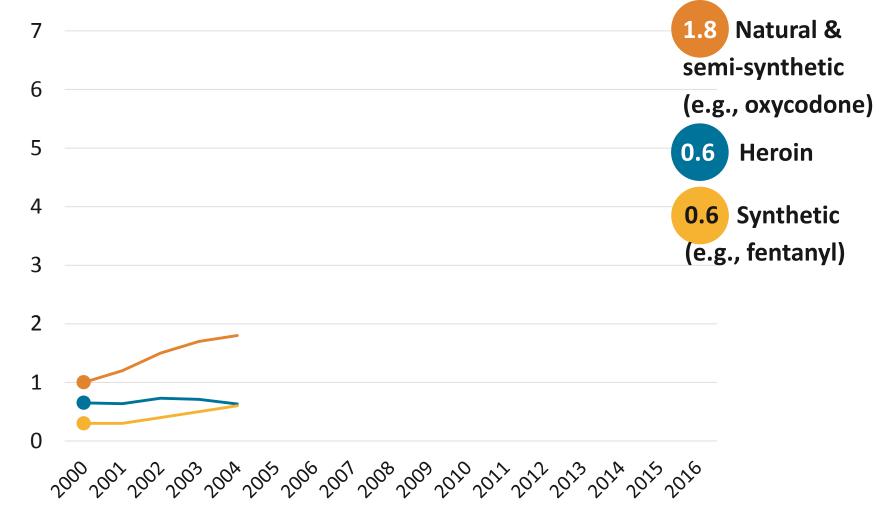
U.S. Opioid Deaths per 100,000 People, by Opioid Type (2002)



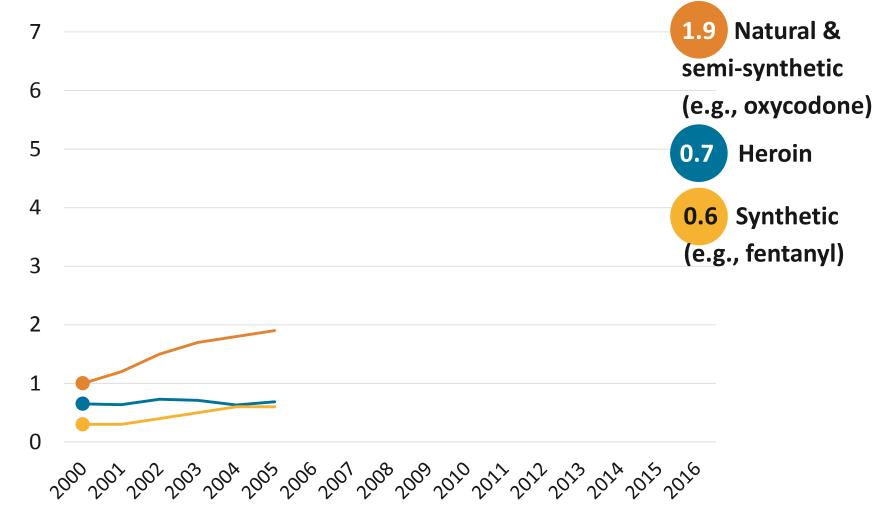
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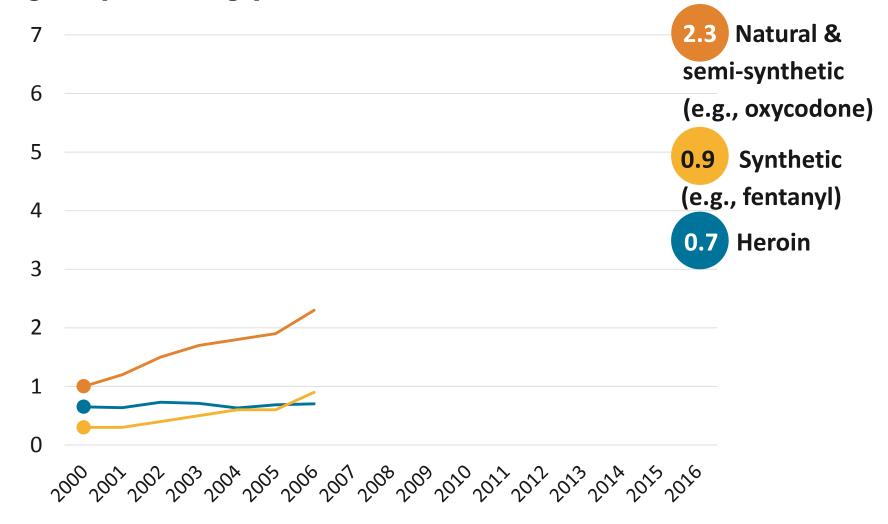
U.S. Opioid Deaths per 100,000 People, by Opioid Type (2004)



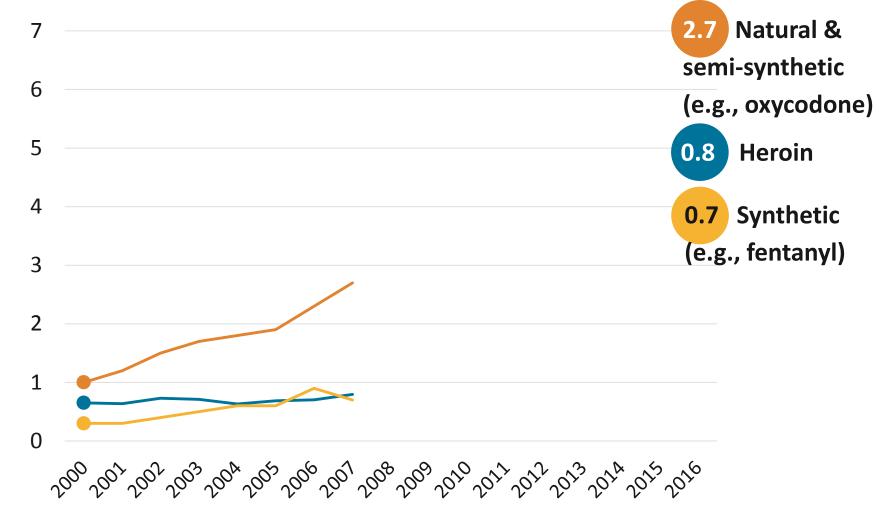
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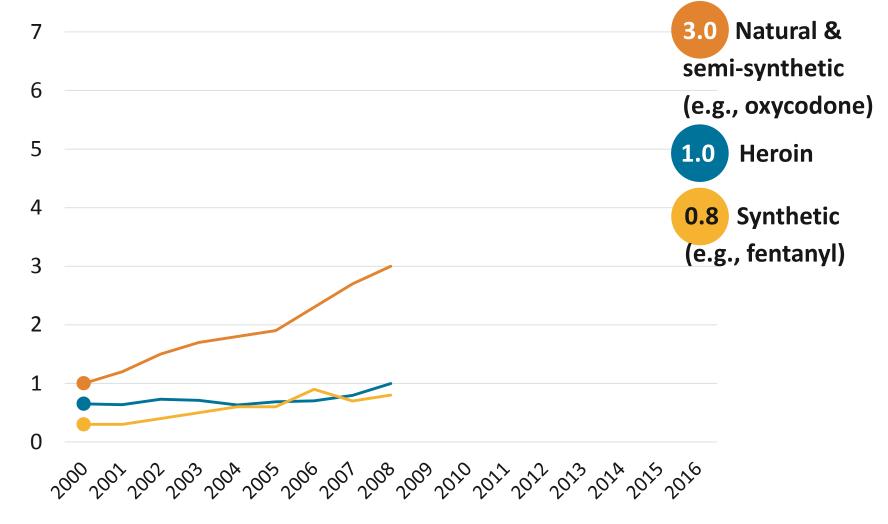
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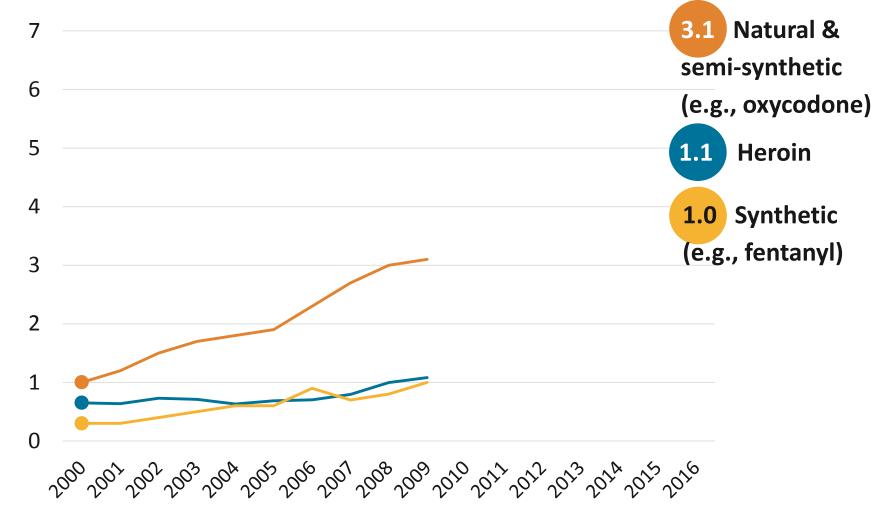
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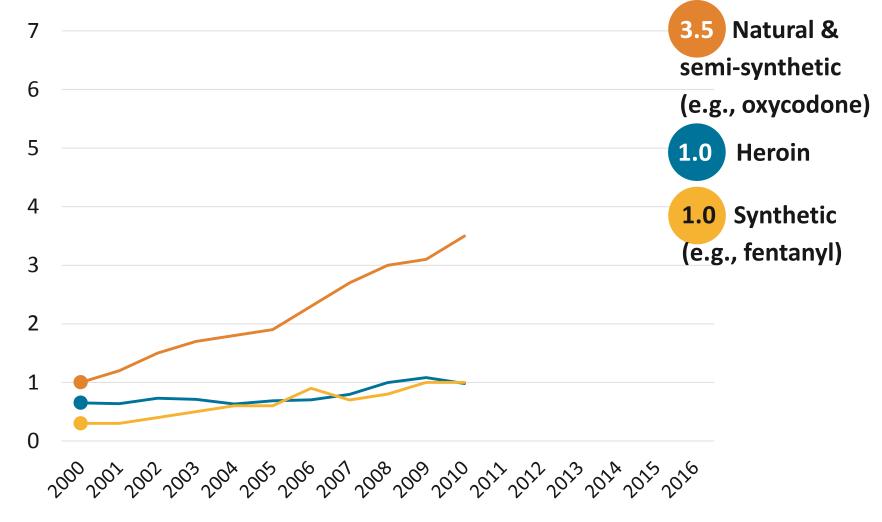
U.S. Opioid Deaths per 100,000 People, by Opioid Type (2008)



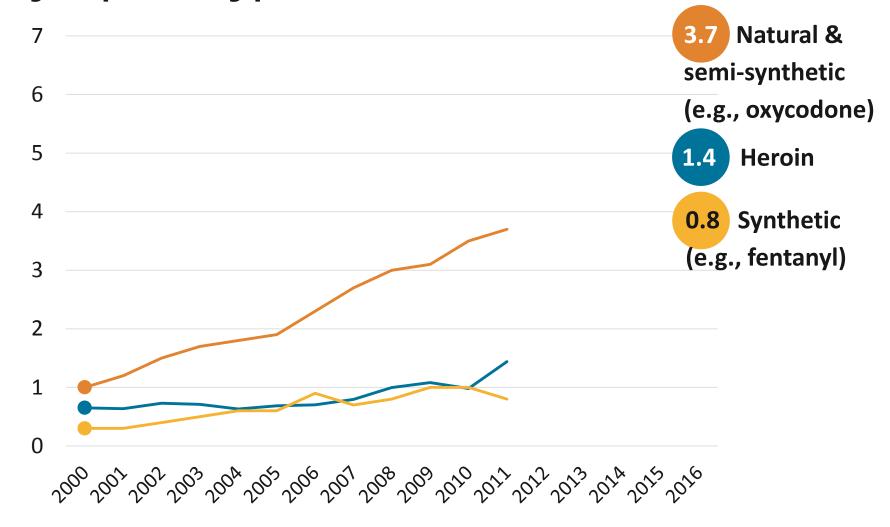
U.S. Opioid Deaths per 100,000 People, by Opioid Type (2009)



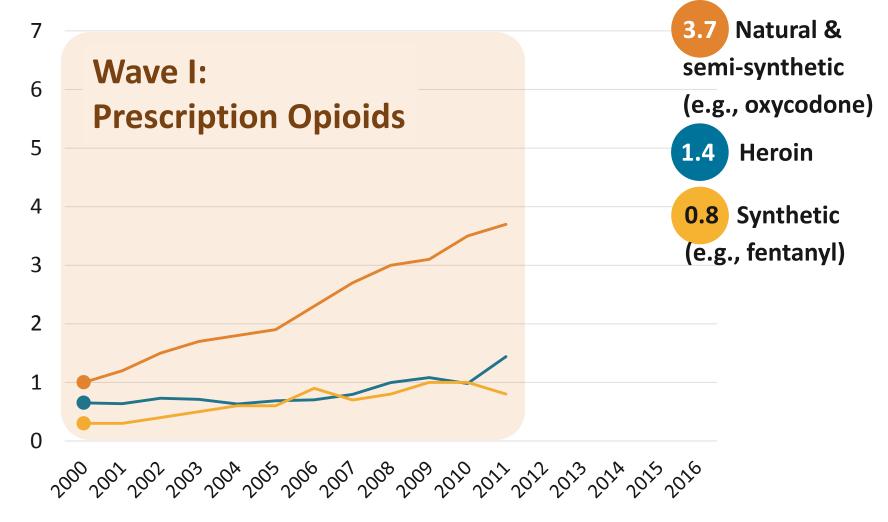
U.S. Opioid Deaths per 100,000 People, by Opioid Type (2010)



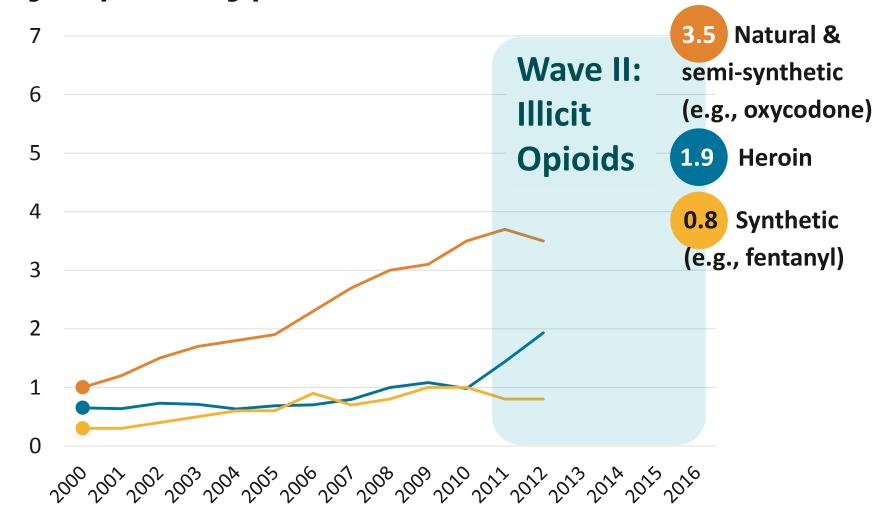
U.S. Opioid Deaths per 100,000 People, by Opioid Type (2011)



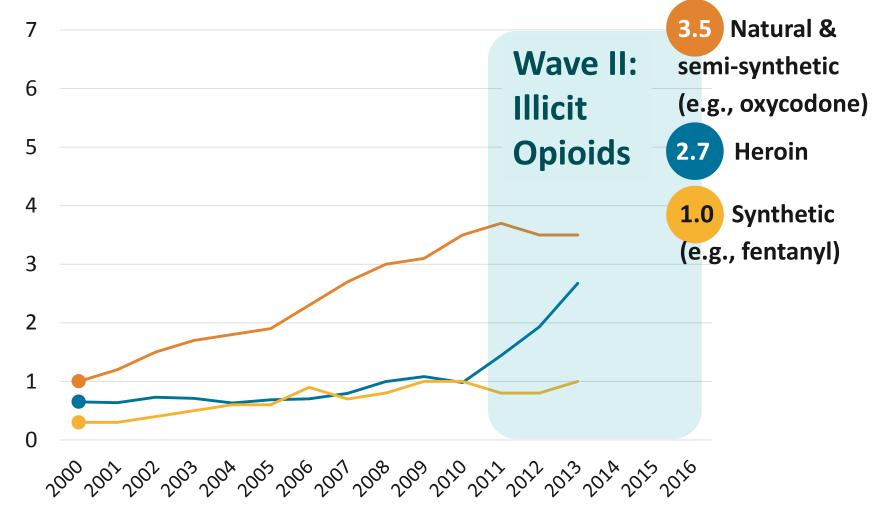
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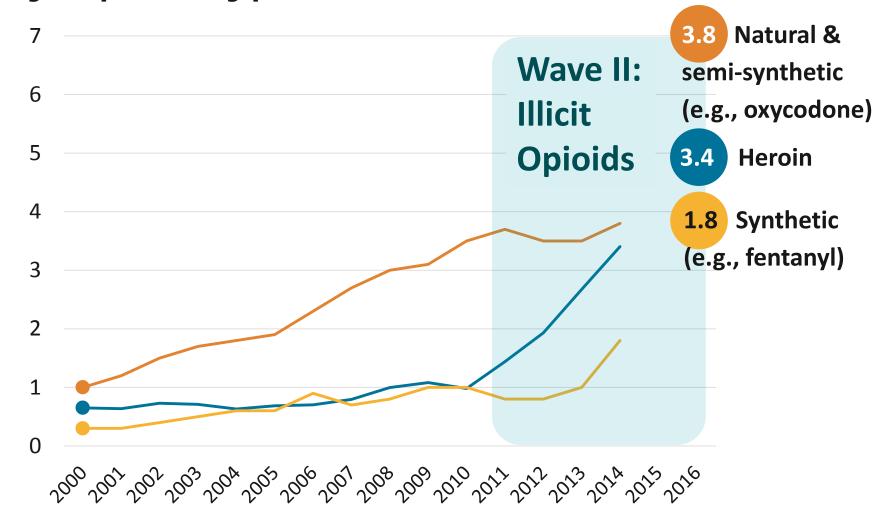
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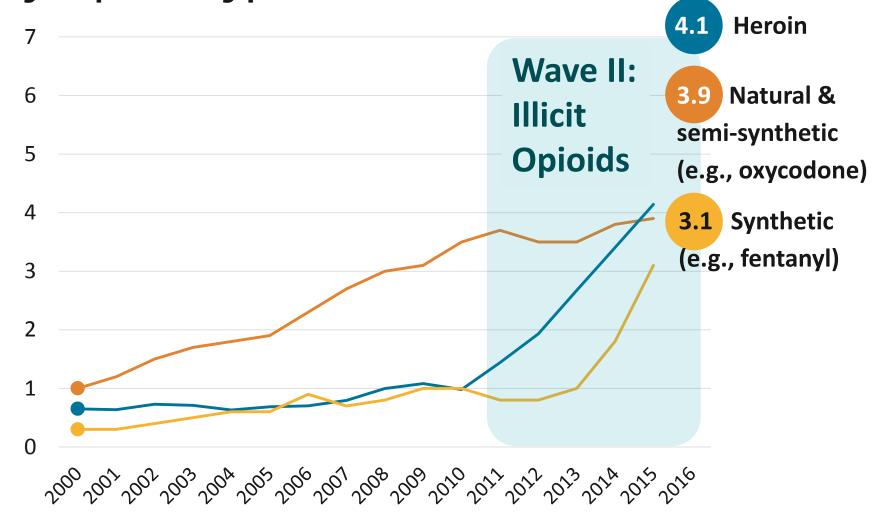
U.S. Opioid Deaths per 100,000 People, by Opioid Type (2013)



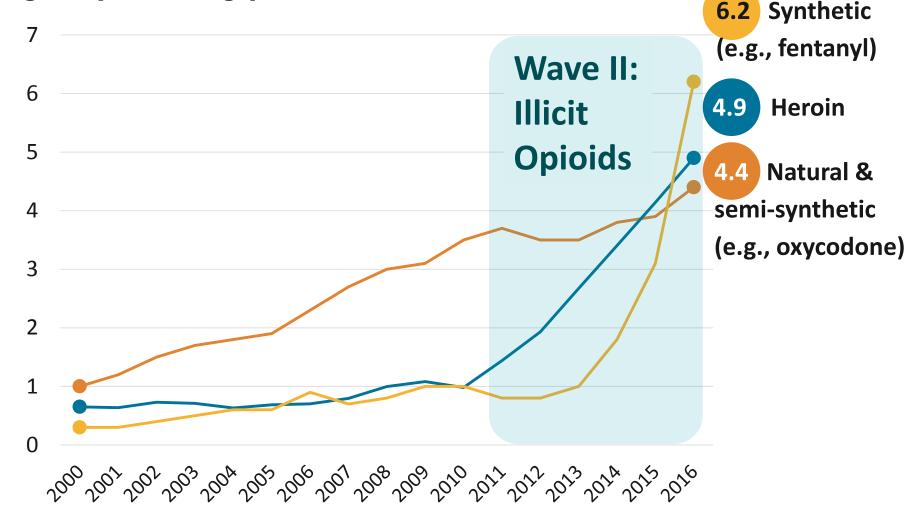
U.S. Opioid Deaths per 100,000 People, by Opioid Type (2014)



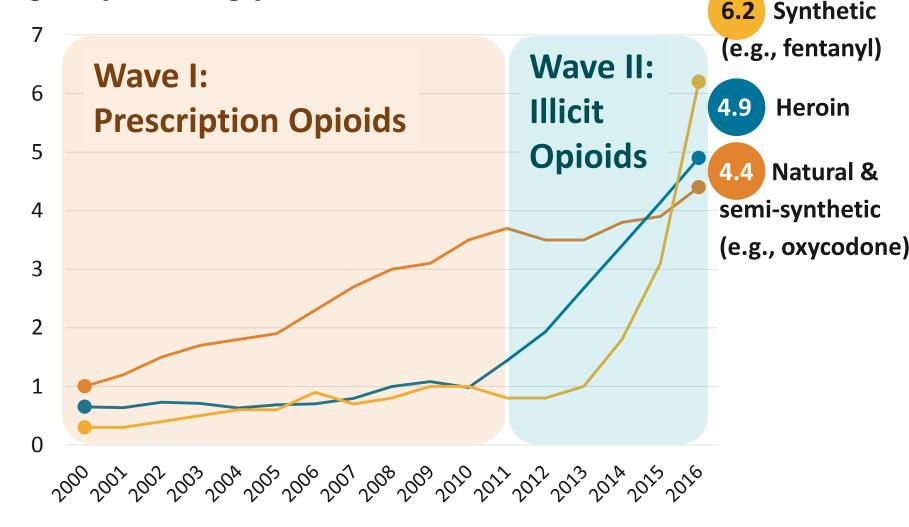
U.S. Opioid Deaths per 100,000 People, by Opioid Type (2015)



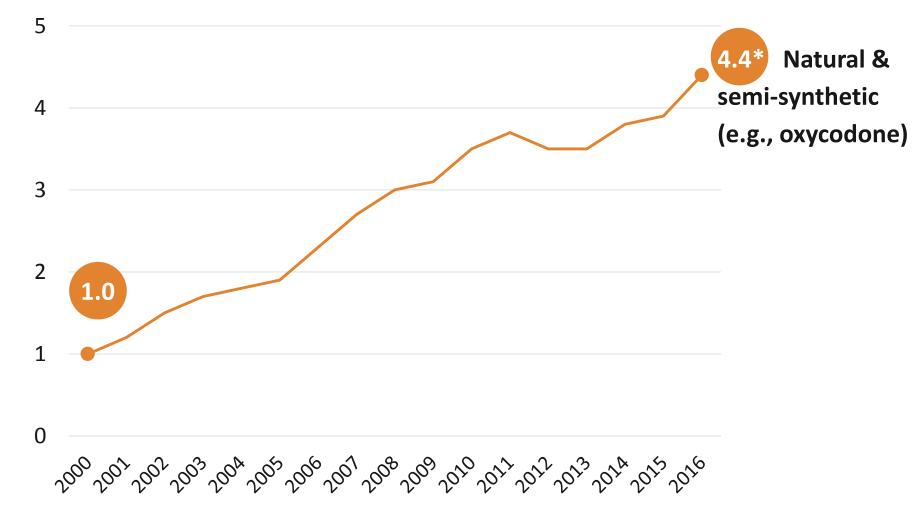
U.S. Opioid Deaths per 100,000 People, by Opioid Type (2016)



U.S. Opioid Deaths per 100,000 People, by Opioid Type (2016)

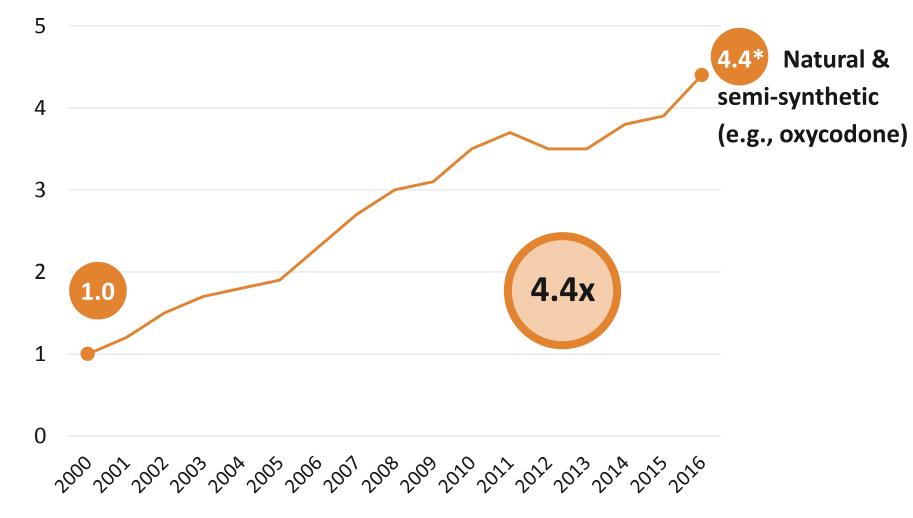


U.S. Opioid Deaths per 100,000 People, Natural and Semi-synthetic Opioids



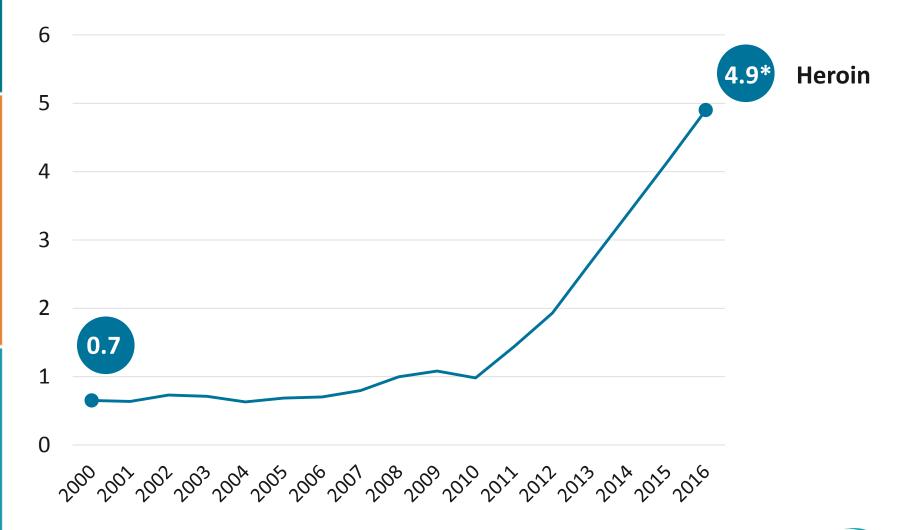


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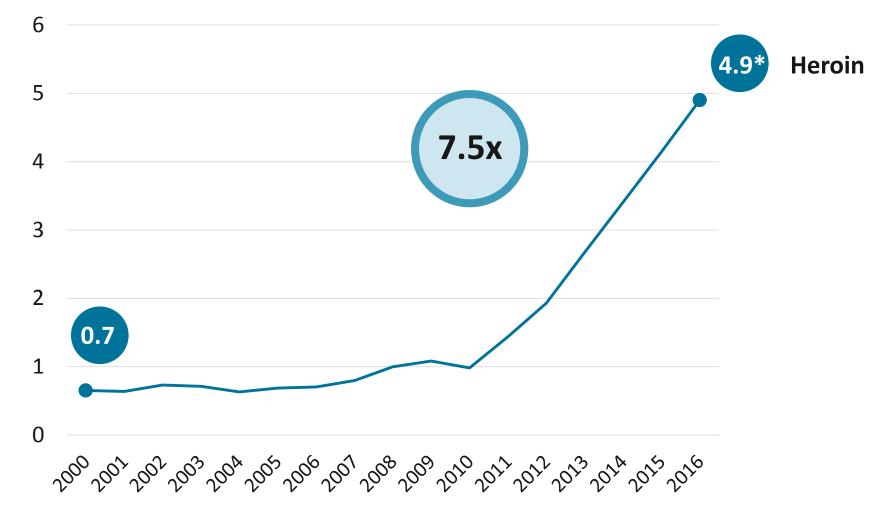


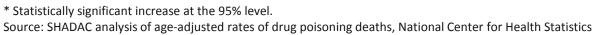
U.S. Opioid Deaths per 100,000 People, Heroin





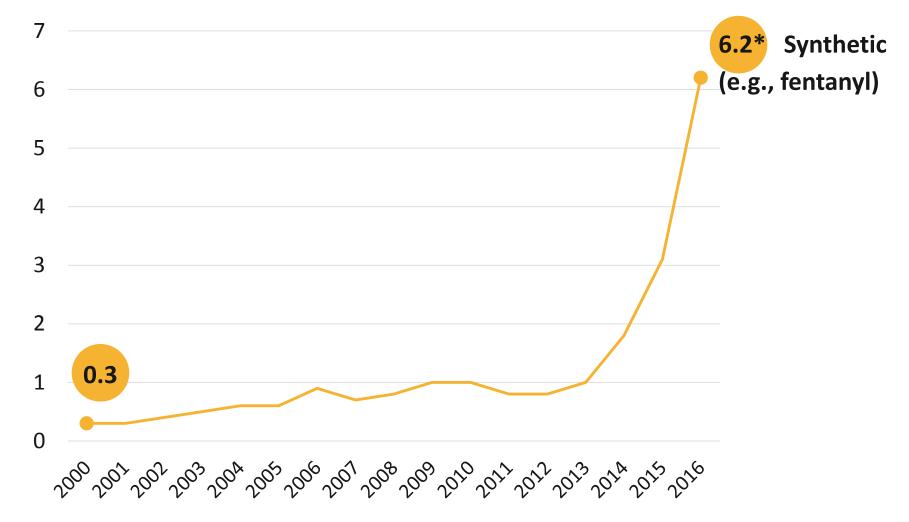
U.S. Opioid Deaths per 100,000 People, Heroin



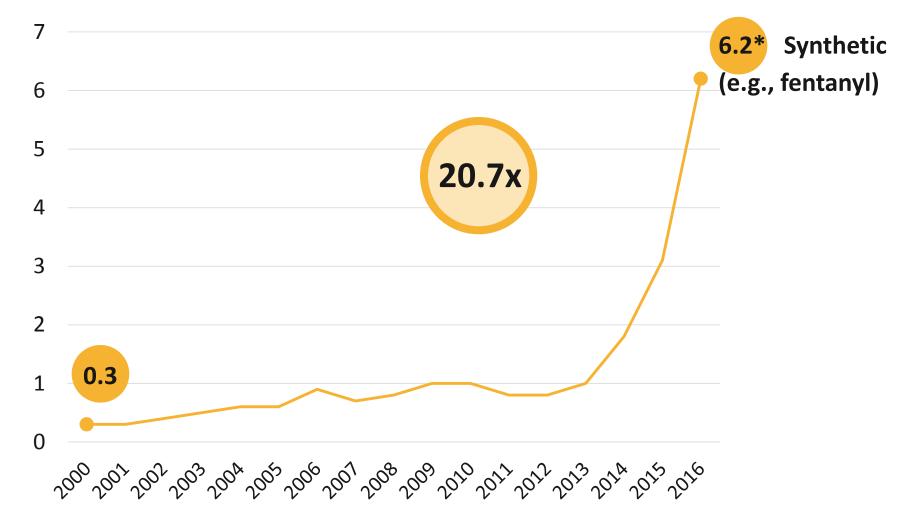




U.S. Opioid Deaths per 100,000 People, Synthetic Opioids



U.S. Opioid Deaths per 100,000 People, Synthetic Opioids

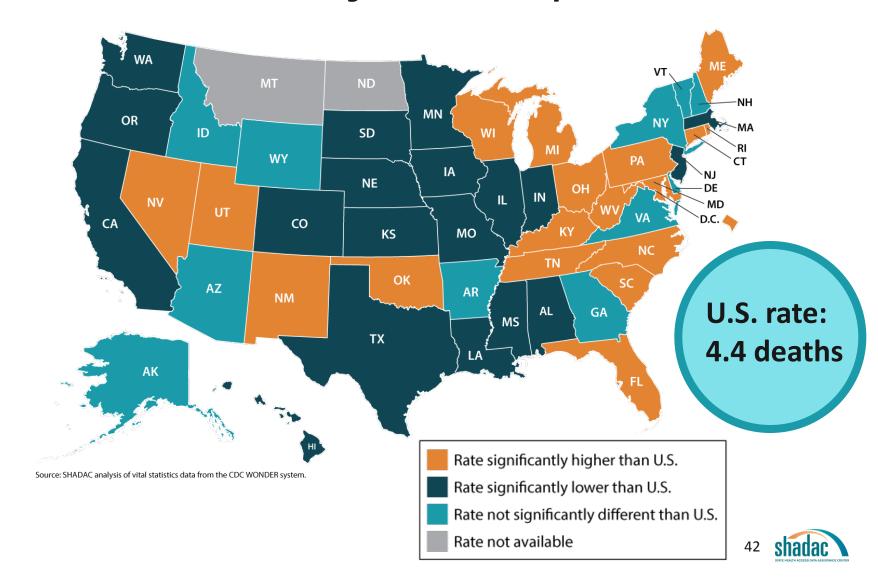




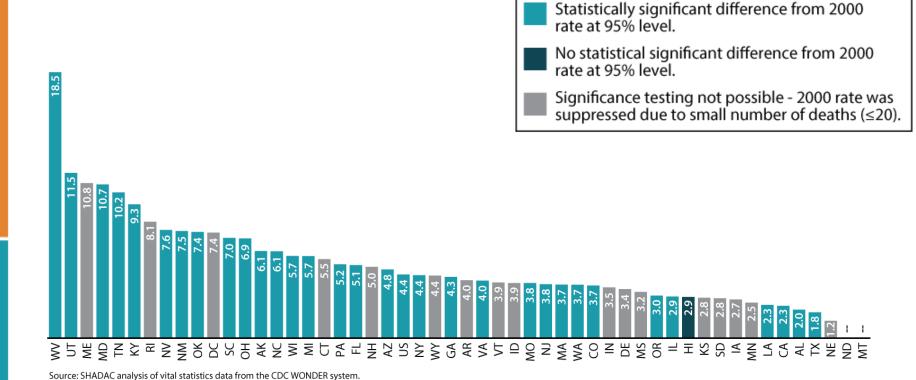
STATE TRENDS

Natural and Semi-synthetic Opioid Overdose Deaths

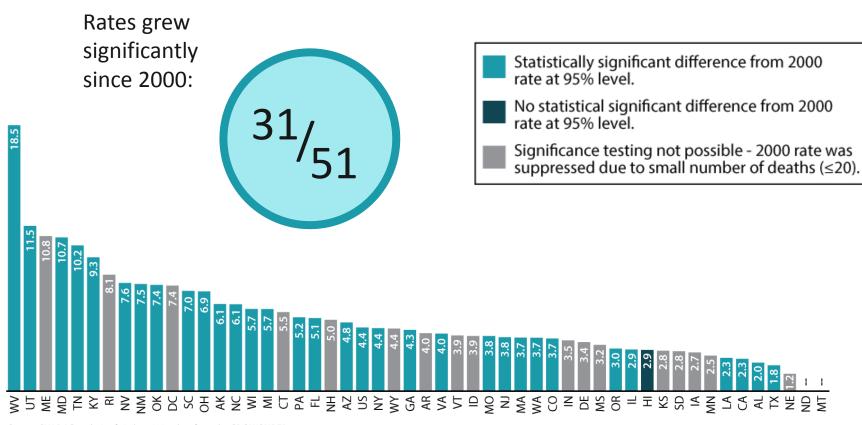
2016 Opioid Deaths per 100,000 People, Natural and Semi-synthetic Opioids



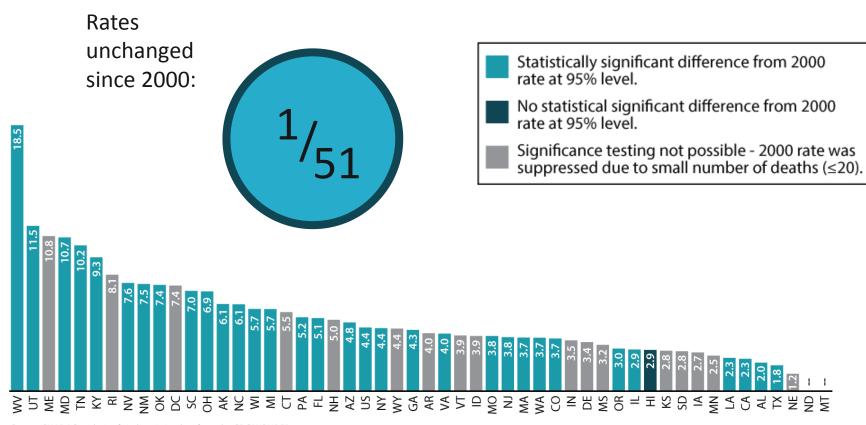
Natural and Semi-synthetic Opioid Deaths per 100,000 People, 2000-2016



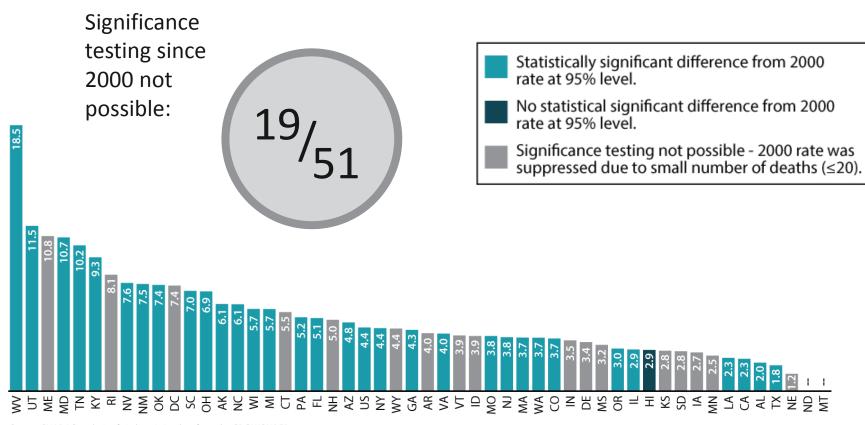
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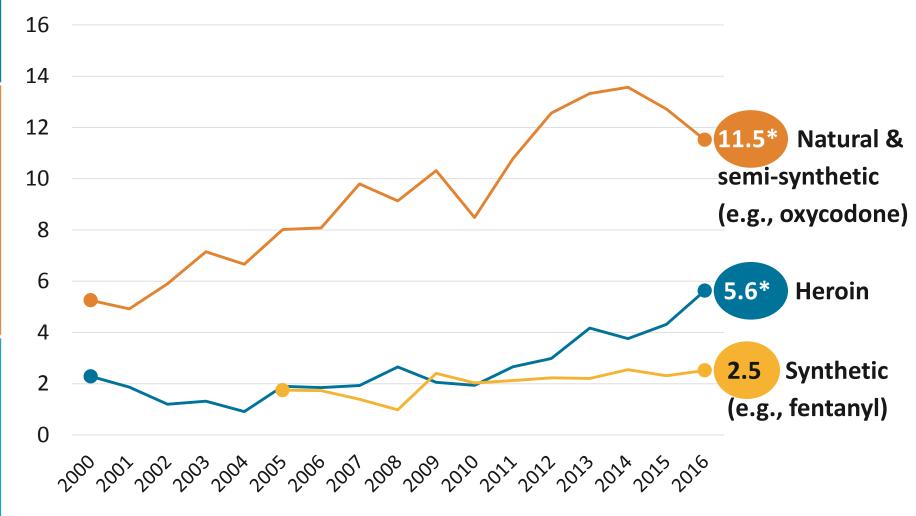
Natural and Semi-synthetic Opioid Deaths per 100,000 People, 2000-2016



Natural and Semi-synthetic Opioid Deaths per 100,000 People, 2000-2016



Utah Opioid Deaths per 100,000 People, by Opioid Type



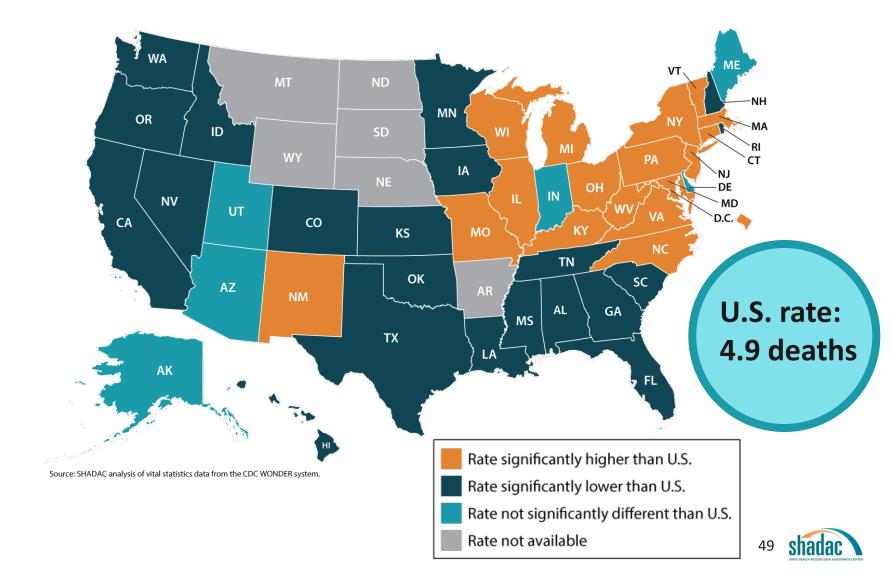
^{*} Statistically significant increase at the 95% level.

Source: SHADAC analysis of age-adjusted rates of drug-poisoning deaths, National Center for Health Statistics

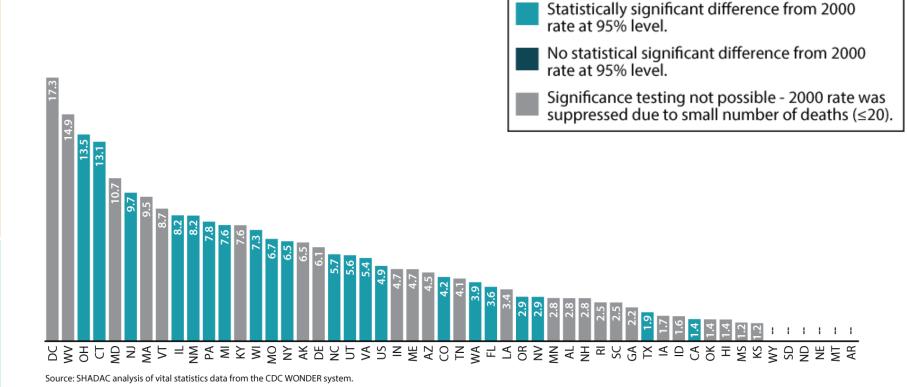
STATE TRENDS

Heroin Overdose Deaths

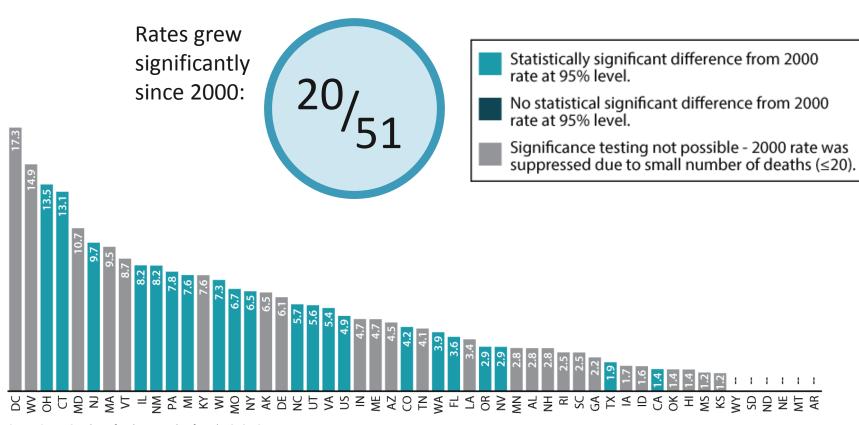
2016 Opioid Deaths per 100,000 People, Heroin



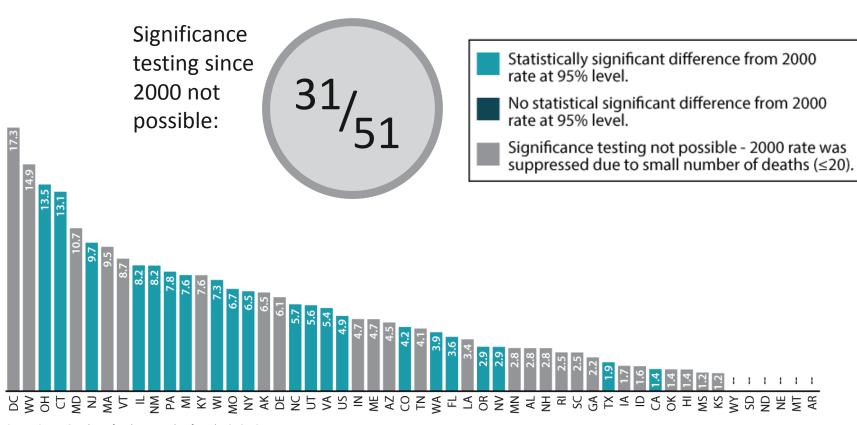
Heroin Deaths per 100,000 People, 2000-2016

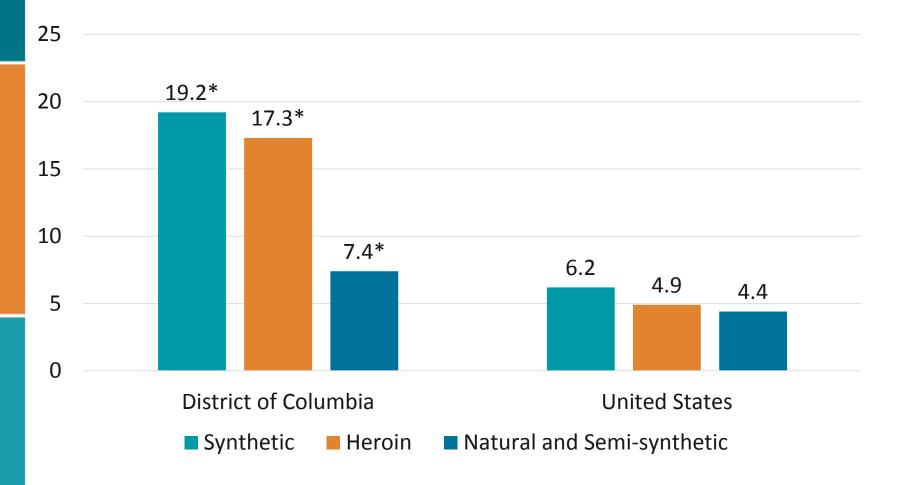


Heroin Deaths per 100,000 People, 2000-2016



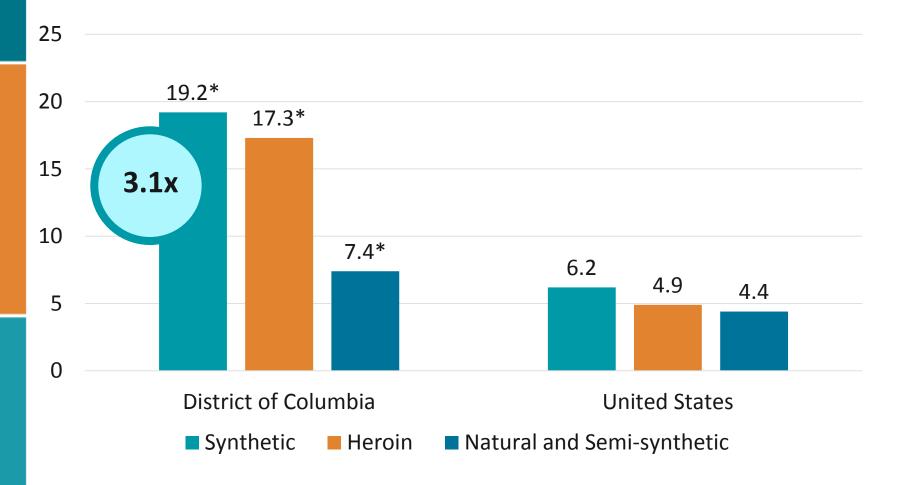
Heroin Deaths per 100,000 People, 2000-2016





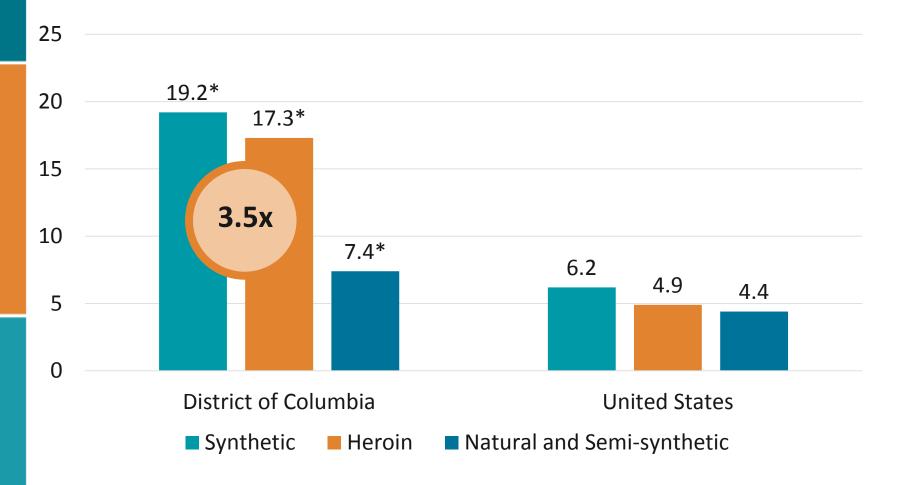
^{*} Statistically significant difference from U.S. rate at the 95% level. Source: SHADAC analysis of age-adjusted rates of drug poisoning deaths, National Center for Health Statistics





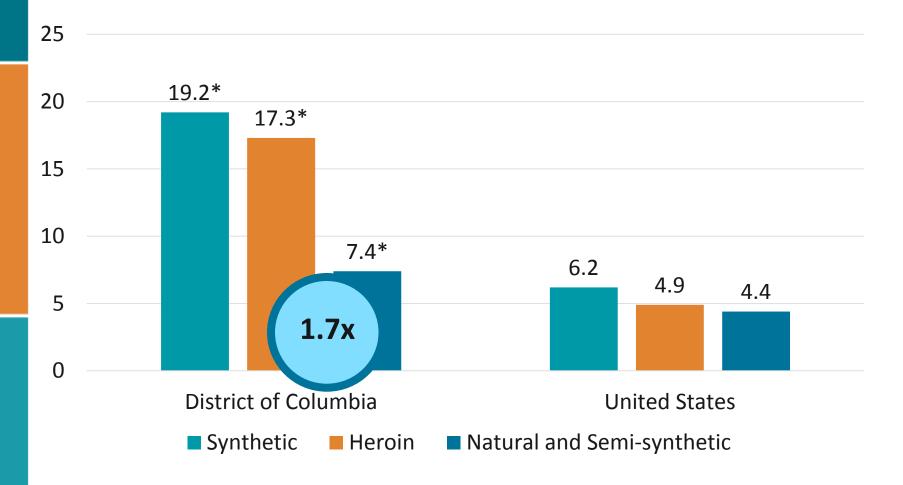
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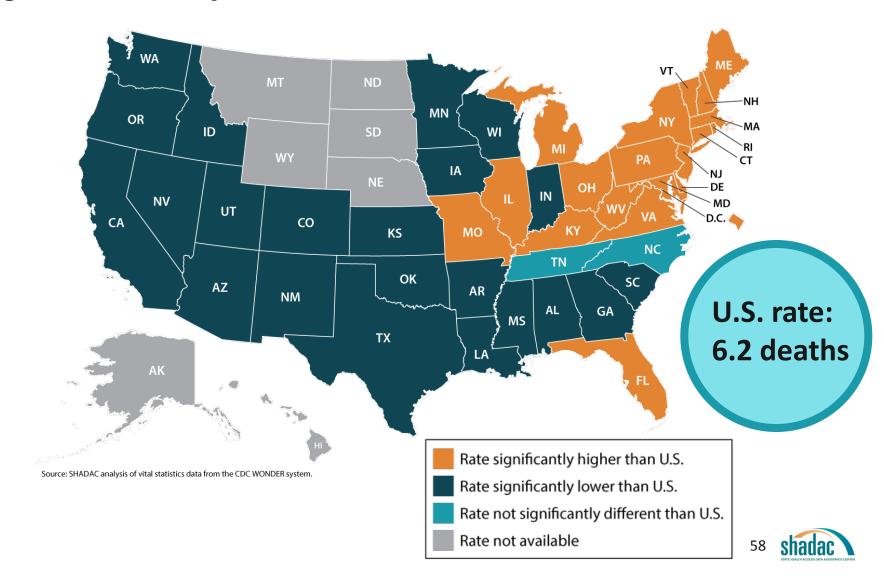
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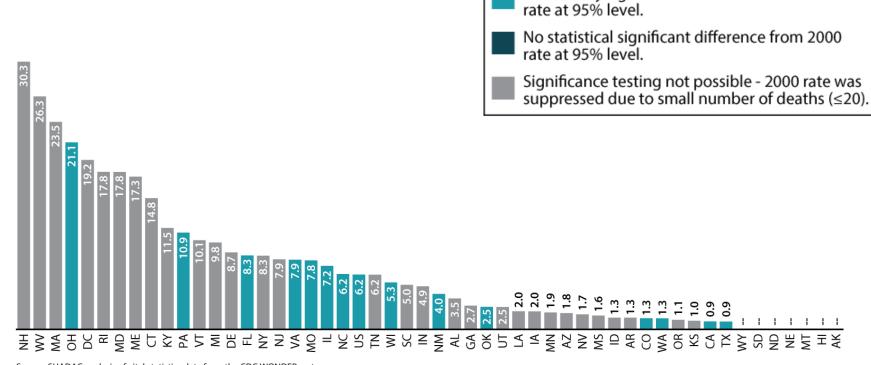
STATE TRENDS

Synthetic Opioid Overdose Deaths

2016 Opioid Deaths per 100,000 People, Synthetic Opioids

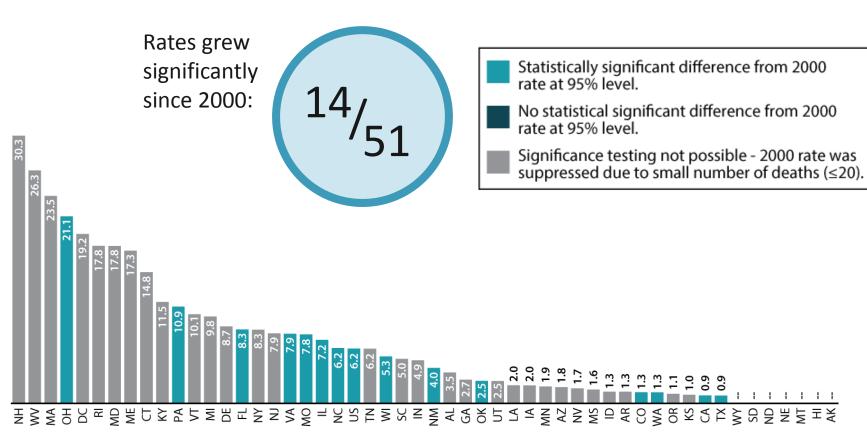


Synthetic Opioid Deaths per 100,000 People, 2000-2016

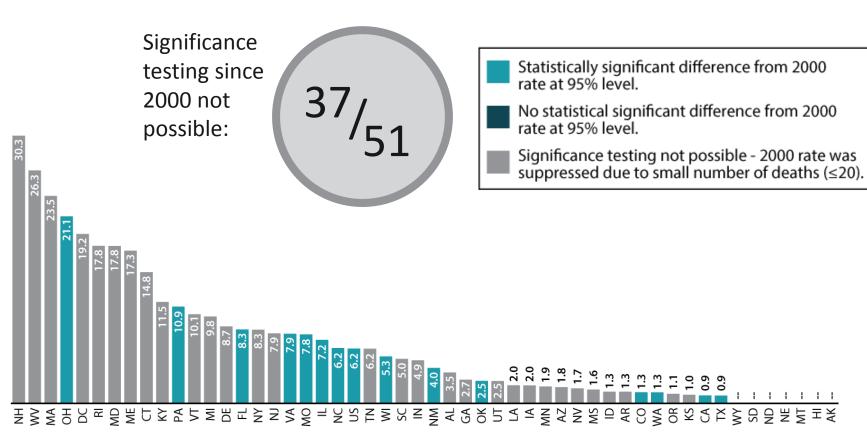


Statistically significant difference from 2000

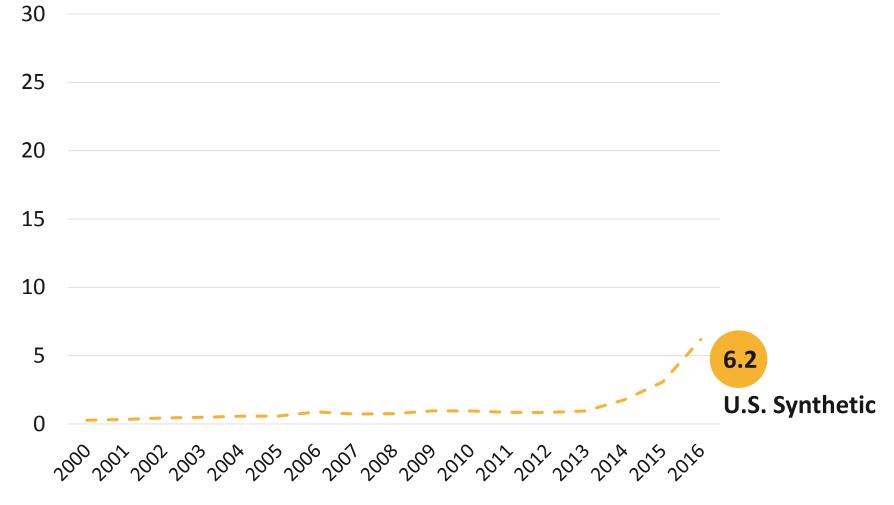
Synthetic Opioid Deaths per 100,000 People, 2000-2016



Synthetic Opioid Deaths per 100,000 People, 2000-2016



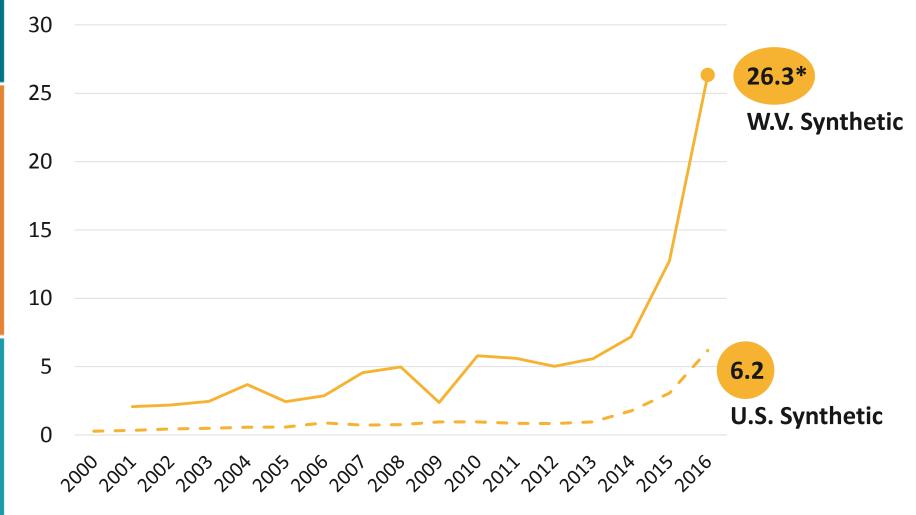
West Virginia and U.S. Synthetic Opioid Deaths per 100,000 People



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Source: SHADAC analysis of age-adjusted rates of drug poisoning deaths, National Center for Health Statistics

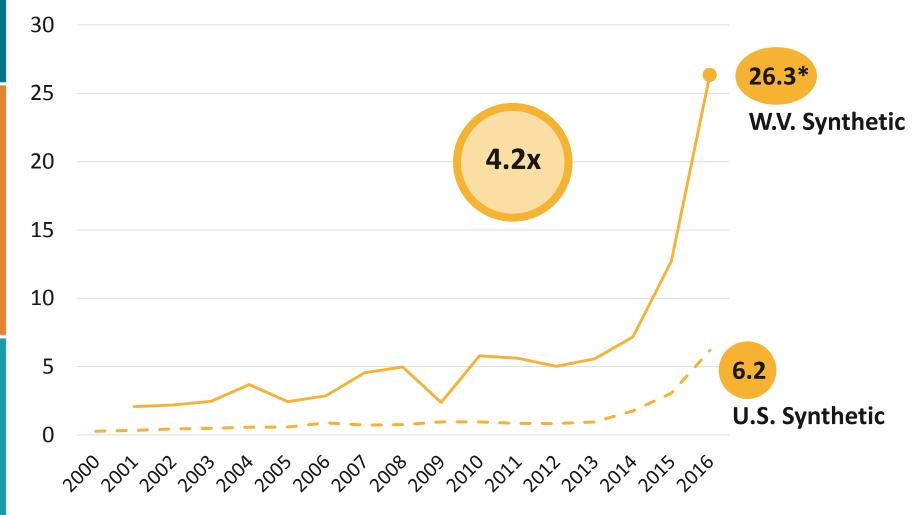
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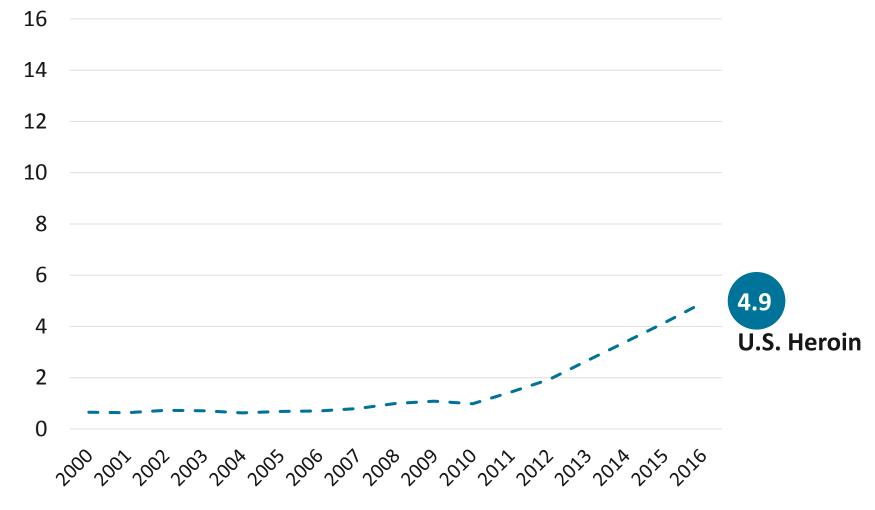
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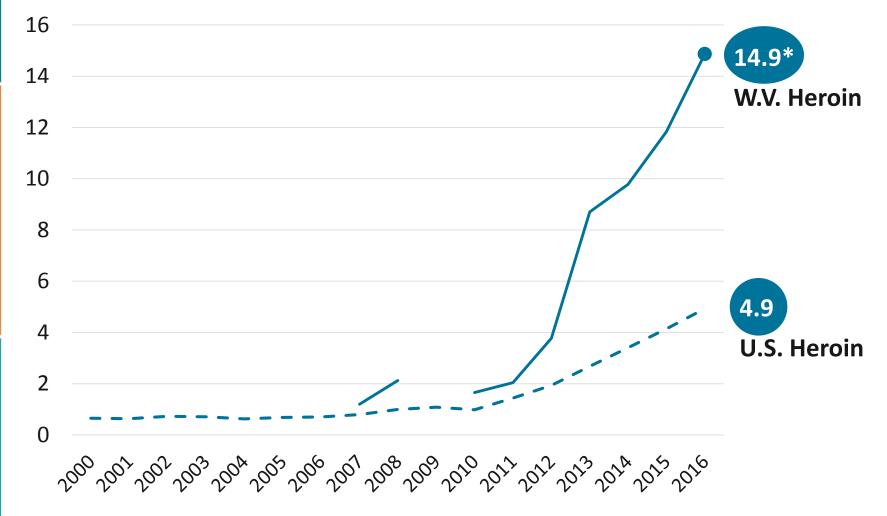
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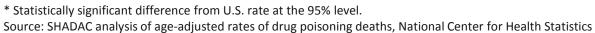


West Virginia and U.S. Heroin Deaths per 100,000 People



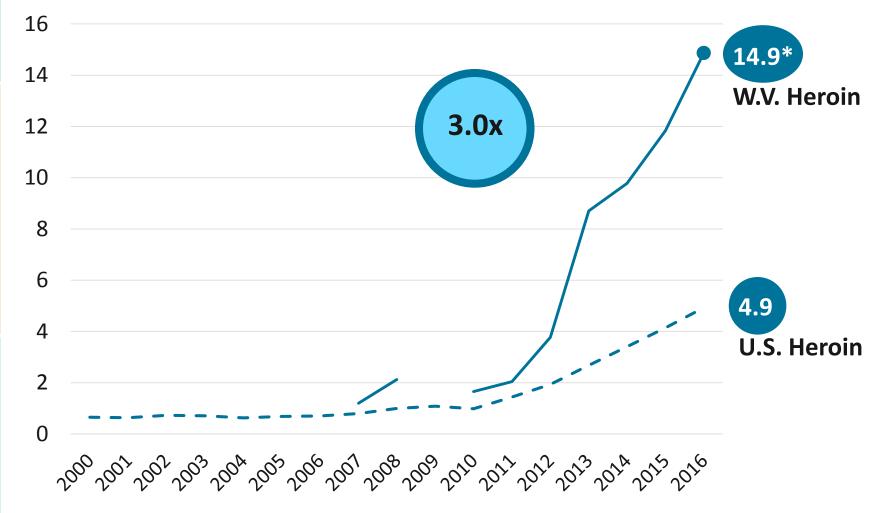
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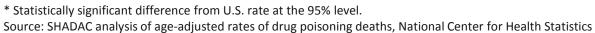






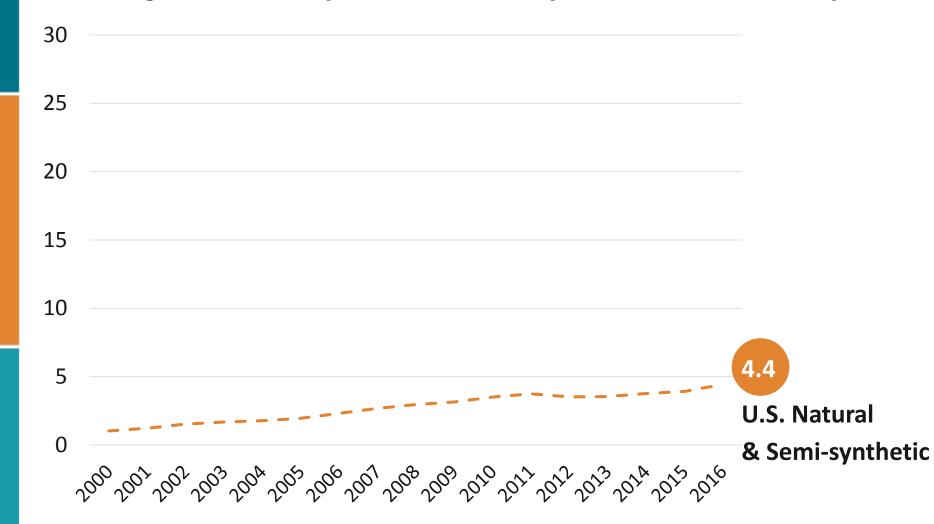
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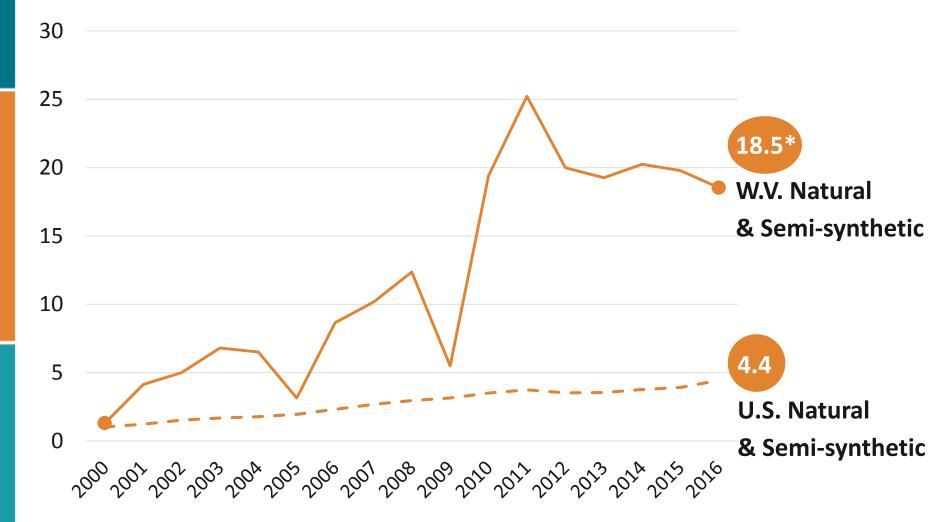
West Virginia and U.S. Natural & Semi-synthetic Opioid Deaths per 100,000 People



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West Virginia and U.S. Natural & Semi-synthetic Opioid Deaths per 100,000 People



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Question & Answer



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Colin Planalp, MPA SHADAC

Submit question using the chat box or Tweet questions to @SHADAC.

Contact Information

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or shadac@umn.edu
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