



KIDS' HEALTH IN THE U.S.

TROUBLE AFFORDING NUTRITIOUS MEALS IN 2016

The U.S. Census Bureau recently released 2016 results from the National Survey of Children's Health (NSCH), which provides traditional measures of health status and access to care among children along with rich data on the social factors that determine health including family, neighborhood, and social context. Among the social determinants explored in the NSCH is access to nutritious food. We highlight key 2016 findings for this indicator below.

NATIONWIDE

33.9 PERCENT

of kids in the United States reported having trouble affording nutritious meals in 2016.* That is more than

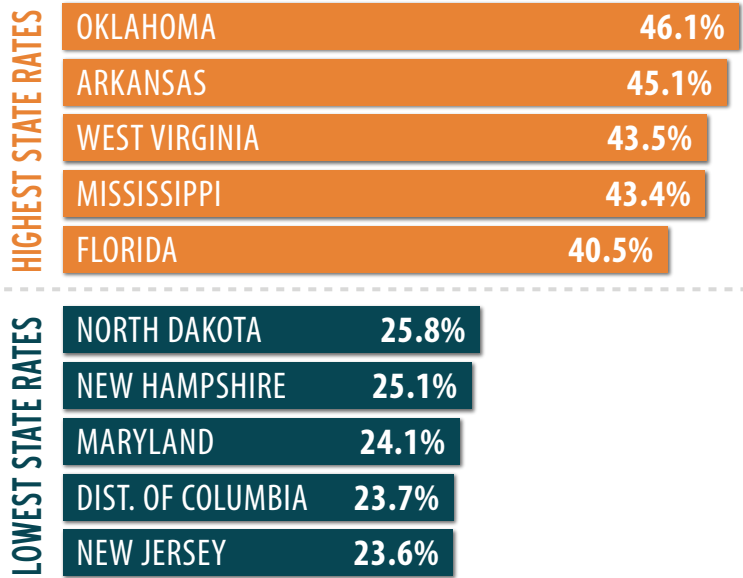
24,164,000 KIDS



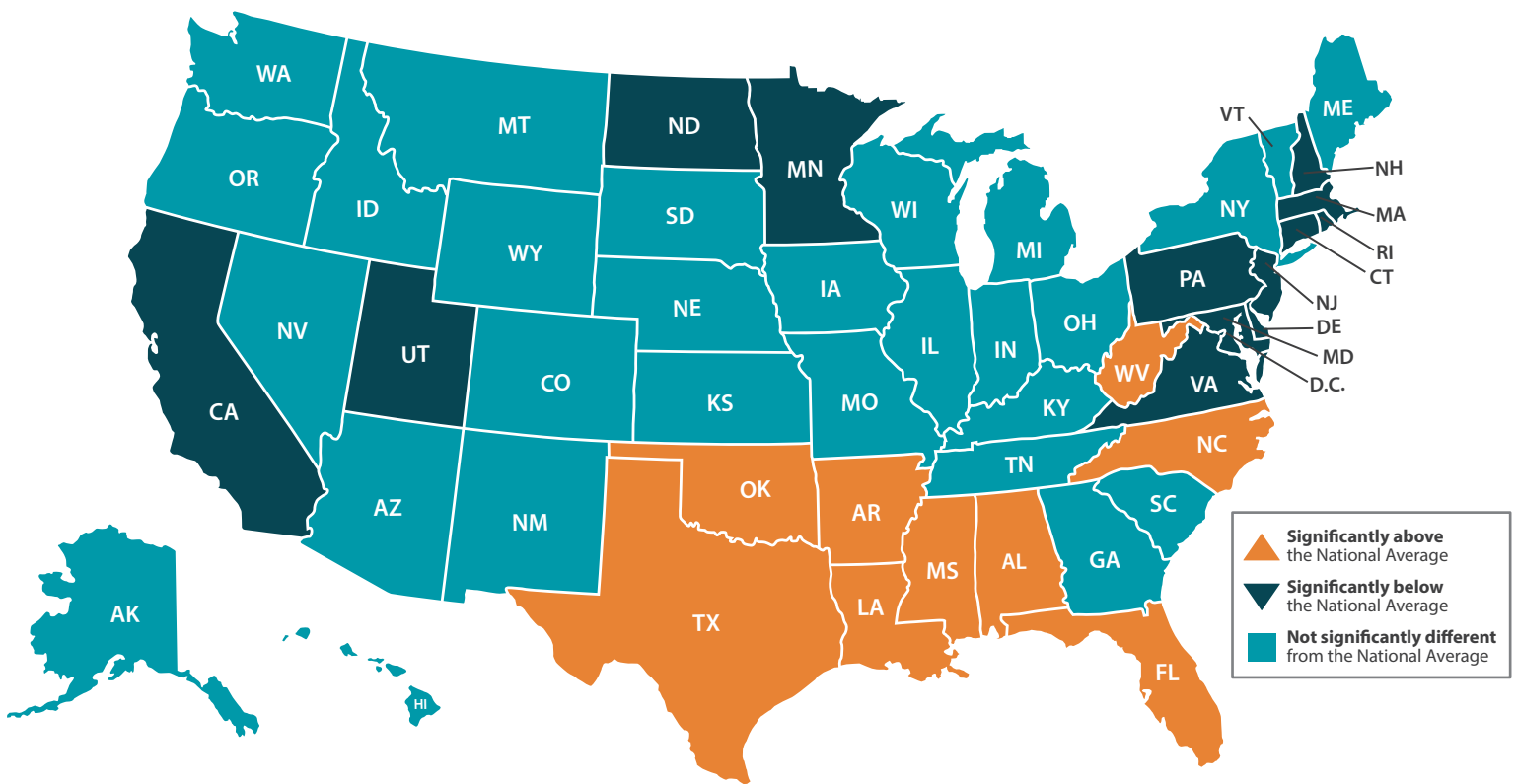
*This measure includes children in families who reported that they often or sometimes could not afford enough to eat, or that they could afford enough to eat but not always nutritious food.

IN THE STATES

Among the states, Oklahoma had the highest percentage of kids that had trouble affording nutritious meals in 2016 at 46.1%. This was nearly double the rate of New Jersey (the lowest) in 2016 at 23.6%.



STATE COMPARISON TO THE NATIONAL AVERAGE



▲ Significantly above the National Average
 ▼ Significantly below the National Average
 ■ Not significantly different from the National Average

33.9% NATIONAL AVERAGE

- | | | | | |
|---------------------|-------------------|-----------------------|------------------------|-----------------------|
| ● 39.7% Alabama | ● 40.5% Florida | ● 24.1% Maryland | ● 39.1% New Mexico | ● 32.7% South Dakota |
| ● 32.6% Alaska | ● 35.0% Georgia | ● 27.2% Massachusetts | ● 33.1% New York | ● 36.0% Tennessee |
| ● 38.4% Arizona | ● 30.5% Hawaii | ● 35.0% Michigan | ● 39.1% North Carolina | ● 39.4% Texas |
| ● 45.1% Arkansas | ● 34.1% Idaho | ● 28.7% Minnesota | ● 25.8% North Dakota | ● 29.7% Utah |
| ● 29.0% California | ● 30.3% Illinois | ● 43.4% Mississippi | ● 36.6% Ohio | ● 30.7% Vermont |
| ● 32.8% Colorado | ● 36.7% Indiana | ● 34.0% Missouri | ● 46.1% Oklahoma | ● 28.3% Virginia |
| ● 27.1% Connecticut | ● 33.6% Iowa | ● 32.7% Montana | ● 35.6% Oregon | ● 29.9% Washington |
| ● 29.3% Delaware | ● 31.5% Kansas | ● 33.0% Nebraska | ● 29.8% Pennsylvania | ● 43.5% West Virginia |
| ● 23.7% D.C. | ● 37.2% Kentucky | ● 34.2% Nevada | ● 28.4% Rhode Island | ● 32.5% Wisconsin |
| | ● 39.4% Louisiana | ● 25.1% New Hampshire | ● 37.4% South Carolina | ● 35.6% Wyoming |
| | ● 35.5% Maine | ● 23.6% New Jersey | | |